



Information about Summer school Aikido

Radava 2010

The Summer school Aikido 2010 realizes in a guest house Iveta in the village Radava near Nové Zámky (23 km).

You can give your application to the Summer school Aikido 2010 until **24.7.2010** only with an application form witch you can send to the komlosi.richard@gmail.com e-mail address!!! After dead line you will have to reserve an accomondation only yourself (one-to-one). The accomondation is not possible without food!!! Participants of the Summer school Aikido witch don't need any accomondation must enter the summer school only with the application form on which they have to indicate „without an accomondation and food“ to the note at the same time. The guest house have to provides also a vegetarian food and a gluten free food.



You can find some detailed maps of place and information of the guest house Iveta in the annexe.

Training plan:	aiki-ken, aiki-jo	1.training	2.training
Saturday:	<i>registration: 13.00-15.00</i>		17.00-19.00
Sunday:	08.00-09.00	10.30-12.30	17.00-19.00
Monday:	08.00-09.00	10.30-12.30	17.00-19.00
Tuesday:	08.00-09.00	10.30-12.30	examination DAN
Wednesday:	free	10.30-12.30	17.00-19.00
Thursday:	08.00-09.00	10.30-12.30	17.00-19.00
Friday:	08.00-09.00	10.30-12.30	

Accomondation:

- 6 night for 15 €/day with full pension (it's 90 € /week),
- there are rooms with four beds, each room is with toilet, TV, wifi connection to the internet,
- it is also possible to stay for a weekend in three places cottages in the same area where there are common bathroom and toilet, the price for a night is 10 € without food,
- other possibilities of accomondation after dead line you will have to reserve an accomondation only yourself.

Guest house Iveta in Radava: provides:

- wellness (massages, jakuzzi, sauna): paid
- salt cave: paid
- gym, outside pool, grill place with arbors, billiards table, bowling, table football, darts, table hockey: paidfree
- possibility of washing gi: information by registration
- there is a football field, a tennis court, a volleybaal field and a children's field in the area.



www.penzioniveta.com

Surroundings possibilities:

- thermal lido Podhájska – is situated approximately 3 km from the guest house Iveta, the water is as high quality as regards of composing as water of Death sea and it has many therapeutic effects.



**IT IS NOT RECOMMENDED TO SWIM IN THE WATER BETWEEN TWO TRAININGS!!!
IT IS HELPFUL AFTER THE LAST ONE.**

- you can keep a cyclotourism and tourism there.

More information:

- **price of the Summer school is 70 EURO, -**
- **accommodation and food is 90 EURO, -**

Possibilities of some accommodations:

- guest house Lagan: in Radava, www.penzionlagan.sk
- guest house Quatro: in Podhájska, www.podhajska-quatro.sk
- guest house Max: in Podhájska, www.penzionmax.sk
- guest house Prima: in Podhájska, www.primapodhajska.sk
- guest house Minerál: in Podhájska, www.penzionmineral.sk

☺ See you in the Summer school Aikido in Radava ☺